

Presentation on Relational Aggression (AKA Girl Bullying)

Are Rumors, Gossip,
Backstabbing and 'The Silent
Treatment' forms of
Aggression and Bullying?

Monday, November 12th
7PM—8:30PM in the
St. Anthony Auditorium.



Less than a decade
ago many thought
not ...but now we
know better. Re-
searchers currently
acknowledge and de-
fine three different
types of aggression
and bullying:

Physical Aggression - This behavior involves direct physical attacks such as punching, tripping, kicking, pushing, shoving, hitting, or any other form of physical aggression against another individual.

Verbal Aggression - This behavior involves the attempted humiliation of an individual through both overt and covert verbal abuse, including name-calling, putdowns, threats, howling, sighing, and other audible expressions.

Relational Aggression - Behavior that aims to manipulate the web of 3rd party relationships in order to hurt a particular individual. Spreading rumors, gossip, and lies, telling secrets, eye-rolling, exclusion, and 'the silent treatment' all aim to promote cruelty through the social networks.

Learn what parents and students can do! Speakers are Mrs. Shelley Freeman, Student Support Coordinator for the St. Anthony Schools and Mrs. Corinna Morse, St. Anthony High School Guidance Counselor.

High School Parent Meeting before the presentation at 6:30PM. Sponsored by the St. Anthony Family Services Collaborative Parent Focus Group. Bring a friend!