

# WHAT'S UP? Talk to the Experts

## An Autism Spectrum Disorders Workshop for Parents

**March 26, 2009**

6:30 to 8:30 p.m.

Wilder Complex  
(formerly Wilder School)

3345 Chicago Ave S, Mpls.  
(enter at the Chicago Ave S  
& 34<sup>th</sup> St entrance)

### TO REGISTER

VISIT: [www.cmh.umn.edu](http://www.cmh.umn.edu)

OR CALL:

612-728-5399, ext: 468

(English & Spanish)

612-246-3933

(Somali)

- Somali & Spanish interpreters available
- Free parking in lot on Chicago Ave
- On bus route #5
- Childcare not available
- Map and directions at: [www.cmh.umn.edu](http://www.cmh.umn.edu)

The Lessons from the Field workshop series, sponsored by the Center for Excellence in Children's Mental Health, is expanding to include a workshop specifically for parents.

The workshop will include **four individual mini-sessions** that parents will be able to choose from and rotate between during the course of the evening:

- I. WHAT'S THIS? Autism Spectrum 101
- II. WHAT'S NEXT? Accessing Services
- III. WHAT WORKS? Interventions: Research to Practice
- IV. WHAT'S AHEAD? Transitioning/Sharing Our Stories

Parents will have the opportunity to hear brief presentations about different aspects of autism and then an opportunity to ask questions and talk informally with the experts. The evening event will also provide a **resource fair** where attendees can explore community resources as they talk with other parents and professionals in the field.

*WHAT'S UP? Talk to the Experts* was developed thru a collaboration of:

Arc Greater Twin Cities  
Autism Society of Minnesota  
Center for Excellence in Children's Mental Health  
Fraser Child & Family Center  
Minneapolis Public Schools  
MPLN (MN Parent Leadership Network)  
NAMI (National Alliance for Mental Illness)  
PAA (Parents United Against Autism)

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